

Biblical remedies for
WORRY:

- Choose the better, listen to His Word
(Luke 10:41-42)
- Trust in God, Put your confidence in Him
(Jeremiah 15:7-8)
- Pray (Philippians 4:6,7)
- Cast your concerns on Christ
(1 Peter 5:7)
- Consider the birds
 - God is sovereign
 - He cares for you
(Mt 6:25-34; Lk 12:22-28)
- Make your thoughts obedient to Christ
(2 Corinthians 10:5)
- Decide beforehand not to worry
(Luke 24:14)



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